

MRI EVIDENCE*

Of Nonsurgical Mechanical Reduction, Rehydration and Repair of the Herniated Lumbar Disc



Pre-treatment MRI
(2/2/2000)

Post-treatment MRI
(3/20/2000)

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IDD Therapy® Treatment – MRI STUDY

Alan Ottenstein, M.D., Chair of the Practice Commission Neurology Association, N.J., provided Pre and Post MRI studies of a 52 year old male. The patient had been injured for 1 ½ years and had undergone 9 months of physical therapy. Disc herniations were found at both L3-L4 and L5-S1.

After Dr. Ottenstein performed IDD Therapy® treatments ... the patient was completely asymptomatic. Disc L3-L4 had an improved hydrating status, the herniation posterior was diminished and the disc height improved.

The normal disc above and below also showed an increase in disc height and improved hydration. Dr. Ottenstein followed-up with the patient a year later. The patient, a hospital president in Philadelphia, had installed a patio lifting 2 tons of bricks, had gone fishing and got a buck while hunting. He was doing quite well with no recurrence to date.

*Additional MRI studies are available at www.iddtherapy.co.uk